



HARROGATE GATEWAY FOOTBALL CLUB

## Return to Football

### Rossett Sports Centre - Sunday 25th April 2021 (10am-11am)

Our first step toward a return to football will start with a training session at Rossett Sports Centre on Sunday 25th April. Only two groups will take part to start with, but if everything runs safely and smoothly, we'll start regular sessions, with all three groups, soon after. We will let you know once this has been arranged.

### Rossett Sports Centre

Due to COVID-19, St Aidan's, other schools and indoor venues are still closed to sports clubs. At the moment Rossett is the only venue available to us.

We will be using the two outdoor 6-a-side boarded pitches for Sunday's training session.

When we start weekly training again, we might have to change the day that we hold the sessions because of the limited availability. We will tell you once this is confirmed.

### Before You Come to Football

We need to manage this event carefully, so you must let us know if you want to attend.

Before you start football training again, you must read all the information that you have been given about restarting football. This will help to keep you, your team-mates and your coaches safe.

You must also complete and return the COVID-19 Return to Activity Health Form and Code of Conduct again. These can be returned by post, email, or brought with you to training. If you forget to return these forms, then you will not be allowed to train.

### Before You Set Off

- if you have a cough, cold or feel unwell then you must not attend training
- if you are showing symptoms of the virus or have been in contact with someone displaying symptoms within the last two weeks, then you must not attend training
- You must have a wash or shower before you come to training
- please make sure that you get changed into your football kit at home, before you set off. Do not change at Rossett.
- if you have already been given a training bib, you must bring this with you.
- You must bring your own shin pads (and goalkeeper gloves if you are a goalkeeper) as we can no longer lend you any equipment
- ensure you take your own water bottle that is clearly recognisable (put your name on it)

### Travell Arrangements

- everyone must make their own travel arrangements to and from Rossett Sports Centre
- For their own safety volunteers are not permitted to give lifts to anyone

- If you use public transport or take a taxi, you should wear a facemask while travelling

## Arriving

- Please try to arrive between 09:40am and 09:50am
- When you arrive, make your way to the tennis courts which are to the right of the main astro-turf pitch.
- on arrival you must queue for registration in a single file and social distance at least two metres from others. Flat markers will indicate where to stand
- you should wear a face mask while queuing
- remember, you cannot stand in groups chatting
- Do not hug, embrace or shake hands. Respect everyone's personal space!
- do not enter the football pitches before registration
- All visitors (carers, parents, escorts) will need to provide their names and contact details in order to adhere to contact tracing requirements

## Registration & Subs

- You will have your temperature taken and recorded
- Amita will record you on the club register as usual
- Subs will not be taken at the first session on 25<sup>th</sup> April (so it's Free)
- at your first session back, you will be given a training bib which you will keep and take home and wash. Do not hand this back in at the end of training. (Oranges & Lemons should already have their own bib)
- once you have registered (and when told), you should go immediately to your allocated pitch (Please don't stop to chat with anyone - keep social distanced).

## Training

- You must use the hand sanitiser before entering and when leaving the football pitches
- when you arrive on your pitch remember to social distance, don't stand in a group
- do not touch any equipment, including cones or the goals.
- do not pick up the ball unless you are in goal
- do not touch or hug team-mates at any time, including goal celebrations

## Leaving

- remember to stay socially distanced as you leave the pitch and the venue
- do **not** hand in your training bib. This must be taken home, washed and brought back next week.

## Remember

We are trying to keep everyone safe so that they can play football again.

If we have to keep reminding you to keep your distance, you might be asked to stop coming to football.

If you are ill or have a high temperature, you will be sent home immediately.

# ROSSETT SPORTS CENTRE MAP & PITCH PLAN

